

***More Hours In My Day* Sheri Torelli**  
**SUGGESTED TOPICS FOR SPEAKING**

***More Hours In My Day presents, “Back to Basics ... Six Essentials to Getting and Staying Organized”***

This is the answer to the cry, “There aren't enough hours in my day!” Join Sheri as she helps you to discover that there really are more hours to be found in your day if you learn to weave the six basics of organization into your daily life. We will also discover the biblical insight to the importance of organization. This seminar is the updated version of the original “More Hours In My Day” seminars. Sheri will show you how to turn frustration into fun, and turn effort into ease. This seminar is not just a brief organizational binge but a lasting lifestyle change. You will see that having *More Hours In My Day* is not just a fantasy, but an attainable fact. This updated seminar focuses on the six essentials for success in home organization for today's busy women and features the “Fast-Food Kitchen.” Total time: 3-3 1/2 hours

***Holiday Seminar*** - In this Christ-centered Holiday Seminar, Sheri continues what Emilie Barnes has been sharing since 1978 -sane and organized holiday preparation. With the focus on the reason for the season, Jesus Christ, this is a life changing event you won't want to miss. You may host a “Craft Fair” with exhibitors who offer unique gift ideas for sale to those who attend. This feature is an option for each sponsoring group. Sheri will guide you as you experience a seminar presenting organizational ideas for Thanksgiving and Christmas, gift wrapping ideas, how to keep Christ in Christmas, holiday table decorations, establishing Christmas traditions, and concluding with how to host a “Happy Birthday, Jesus” tea party! The timing for the sessions can be adjusted to your event or Sheri can also break the sessions to work into one-hour segments. At each seminar, Sheri opens with a personal testimony of how Christ became the “center” of the holiday season. Total Time: Approximately 3 hours

***The Importance of Mommy*** - After raising two children, Sheri has learned all too soon how quickly the hands-on mothering days are over. She encourages moms to value their role and see the importance of teaching and training their children. Her passion is to encourage moms to strive to be all they can be in this God-given career. Her approach is humorous and entertaining. Great for MOPS groups and Teas. Total Time: 45 minutes - 1 hour

***The Gift of Encouragement*** - “If your gift is to encourage, then do it!” Romans 12:8 (NLT) Sheri believes that one of the keys to happiness is found in encouraging others. Sheri's spiritual gift is encouragement and her passion is to help women in all walks of life begin to see that a little encouragement goes a long way in letting others see Christ in us. Great for teas and brunches. Total Time: 45 minutes - 1 hour

***The Friendships of Women - Blunders, Boundaries & Blessings*** - Just the word “girlfriend” makes one think of someone very special. Sheri explores the value of healthy friendships and what characteristics to look for in a friend and those very special “intergenerational” friendships. Excellent for teas, brunches and retreats.

Total Time: 45 minutes - 1 hour

***Mentoring - The Older Women Shall Teach the Younger Women*** - In the Bible we are told that “Likewise, the older women are to teach the younger women...” And everyone is an “older woman” to someone! Sheri teaches the importance of being responsible older women and helping to teach and train younger women how to be better wives, mothers, and friends through the various stages of life.

Total Time: 45 minutes - 1 hour

***Home-Based Business Organization*** - Have you ever given any thought to how nice it would be to work at home, contributing to the household income, yet still having the time to be at home with your children? Would you like to have more time to do the things you would like to do instead of doing what you “have to do?” Would you like to work at home but have no idea what you could do or how to get started? Then this seminar is for you. Sheri is the co-author (with Emilie Barnes) of “Your Simple Guide to a Home-Based Business.” The seminar includes guidelines in choosing which business is right for you, home and office organization, and business plan writing. Sheri helps you set goals and priorities. Her experience comes from 25 years in a successful home-based word processing business. Total Time: 3 hours.

***How to Make Your Quiet Time Count*** - Just the thought of quiet time alone with the Father calms my heart and makes me desire to know Jesus in a deeper, more meaningful way. Do you desire to know Jesus but don't know how to find the time you need? Sheri shows you how to develop your quiet time and begin to experience the real power that comes through consistent prayer and Bible study. Total Time: 45 minutes - 1 hour

Other Available Topics:

- ▶ “You Really Are Part of God's Wonderful Plan” (Based on Jeremiah 29:11)
- ▶ “Why I'm Still Married to My High School Sweetheart” (Taught by Tim Torelli)
- ▶ Hospitality-It's Not Just a Southern Thing”
- ▶ “iPod Friendship” - Friendship Talk for Young Girls (Great for Mother-

Daughter events)

**Sheri Torelli 2150 Whitestone Drive Riverside, CA 92506 (951)  
682-4714**

**Email: [sheri@emiliebarnes.com](mailto:sheri@emiliebarnes.com) Web site: [www.emiliebarnes.com](http://www.emiliebarnes.com)**